

# Health Tools

## Pain Index?

How are you feeling today? Are you in pain? We've designed the following questions to help you measure the pain you feel and compare it to other well-known types of pain.

### 痛みの問診

Gender

Birthdate  (mm/dd/yyyy)

Which of the following words best describes your pain?

Which of the following words best describes your pain?

Which of the following words best describes your pain?

Which of the following words best describes your pain?

Is your health care provider aware of or managing your pain?

Submit

WellMed 1999-2002  
We encourage you to read our [privacy policy](#).

Your information will be passed in a non-encrypted fashion to WellMed, Inc so they can analyze your data and present you with relevant content.



UPMC Health System  
Pittsburgh, Pennsylvania, U.S.A.



Home Classes Screenings & Events

Health A-Z UPMC Services Find a Doctor Careers at UPMC Search Our Site UPMC HEALTH PLAN

## Classes, Screenings, & Events

Classes **地域の住民、医師向けの医療講座、スポーツイベントなど**  
Screenings  
Events

The member hospitals of UPMC Health System have a long tradition of community service, and UPMC Health System is committed to sustaining and advancing that tradition. One way that UPMC serves the community is by offering a full array of health programs, support groups, and health education classes to the general public throughout the western Pennsylvania region.

To learn more about the community programs offered by UPMC Health System, please call 1-800-533-UPMC (8762).

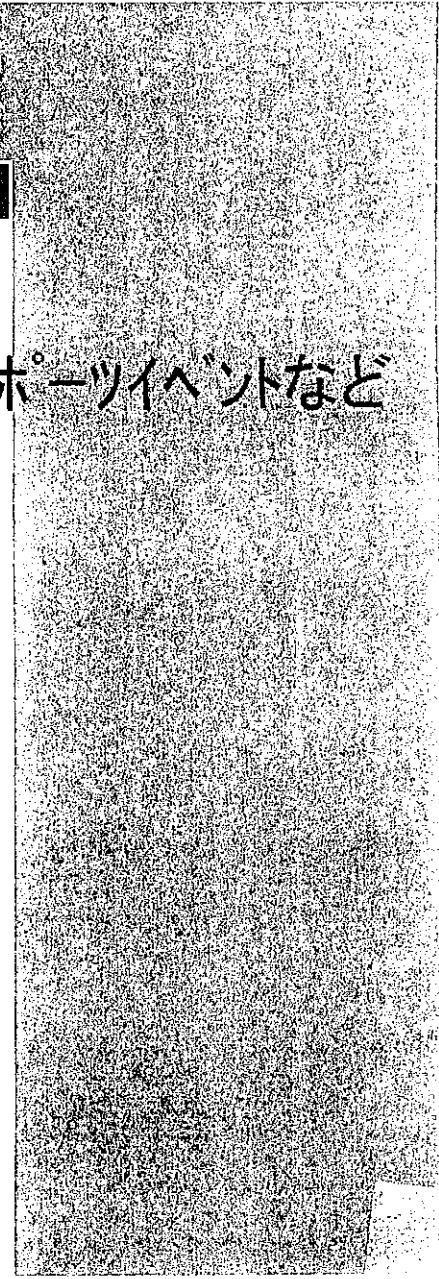
### Classes:

Center for Continuing Education in the Health Sciences (for health care professionals)

Other health care educational opportunities (for health care professionals)

View class offerings by month:

January	<u>May</u>	<u>September</u>
February	<u>June</u>	<u>October</u>
March	<u>July</u>	<u>November</u>
April	<u>August</u>	<u>December</u>





Welcome to the Health Sciences Web Portal: Message from the Senior Vice Chancellor for the Health Sciences

**Today's Calendar Events**

[See the Complete Calendar](#)

*There are no further events listed in our calendar today.*

**Resources**

- [Research Practice Fundamentals](#)
- [Health Sciences Library System](#)
- [Funding Opportunities](#)
- [Research Interests of the Faculty](#)
- [Health Sciences Events Calendar](#)
- [Health Sciences Information Technology](#)
- [NIH Awards to Health Sciences Faculty](#)

**Downloads**

- [UPSOM/UPP Faculty Performance Evaluation](#)
- [Schools of the Health Sciences Publication Notification Form](#)
- [Conflict of Interest Disclosure](#)

**Schools of the Health Sciences**

- [Dental Medicine](#)
- [Health and Rehabilitation Sciences](#)
- [Medicine](#)
- [Nursing](#)
- [Pharmacy](#)
- [Public Health](#)

**最新の専門的医学情報**

**Bookmark the Portal**

Netscape: Press Ctrl + D

Internet Explorer: [Click here](#)

**Highlights**

MINI-MEDICAL  
SCHOOL

**Things You Need to Know**

[See the TYNTK Archive](#)

new [Pitt Promotions Announced at Board of Trustees Meeting](#)

-- [Visit the Science2002 Web Site](#)

**Scientific News of Interest**

[See the News Archive](#)

new [Europe Certified Free of Polio](#)

**Important Links**

- [University of Pittsburgh](#)
- [UPMC Health System](#)
- [Office of Research Health Sciences \(OORHS\)](#)
- [Recombinant DNA Office](#)
- [Research Conduct and Compliance Office \(RCCO\)](#)
- [Institutional Review Board \(IRB\)](#)
- [Institutional Animal Care and Use Committee \(IACUC\)](#)
- [Office of Technology Management](#)
- [National Institutes of Health](#)
- [Resource Facilities and Services for Health Sciences Research](#)
- [NIH Loan Repayment Program](#)
- [Centers for Health Sciences Research](#)

**Finding People @ Pitt**

[Computer Accounts Homepage](#)

Last Name

First Name

 OK

**Finding People @ UPMC Health System**

[IP Restricted Access for this resource](#)

# Health Sciences Library System

University of Pittsburgh  
UPMC Health System

- Resources
- Services
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## Resources

- [PITTCat Library Catalog](#)
- [Databases](#)
- [E-Journals](#)
- [E-Books](#)
- [More Resources...](#)

## Services

- [Borrowing](#)
- [Document Delivery](#)
- [Reference](#)
- [Remote User Access](#)
- [More Services...](#)

## Guides & Collections

- [Guides for Students](#)
- [Health Information for the Consumer](#)
- [History of Medicine](#)
- [Internet Guides](#)
- [More Guides...](#)

## About HSLS

- [Hours](#)
- [Libraries](#)

What do you think of our new web site? Please give us your [feedback](#).

## News & Events

**Lindberg Lecture and Symposium** (06/14/2002)  
 Information Technology and the Empowered Healthcare Consumer  
 Friday, June 28, 2002  
 S-100 Biomedical Science Tower  
 South Wing Conference Center  
 See the [symposium website](#) for registration information and agenda.

**Pennsylvania Governor's School for Health Care** (06/20/2002)  
 The Pennsylvania Governor's School for Health Care begins June 23, 2002. During the following five weeks 110 high school students will learn about various aspects of health care. The HSLS will be participating in the students' educational experience.

**Need Help Searching Ovid MEDLINE?** (03/28/2002)  
 If so, visit the [Medline Tutorial](#) to obtain assistance with remote access, keyword searching, subheadings, and much more!

**HSLS Update**  
 HSLS Update is a newsletter published by the Health Sciences Library System. The current issue ([April 2002](#)) is now available.

## Class Calendar

**Tuesday, June 25**  
 9:30 am - 11:30 am  
**EndNote Basics**  
 (Falk Library, CMC Classroom 2)

[Login to Remote User Access](#)

## Featured Resources

- [Ovid](#)
- [PubMed](#)
- [UpToDate](#)
- [MDConsult](#)
- [MICROMEDEX](#)
- [More Resources...](#)

## Highlights

- [Bioterrorism Resources for Librarians](#)
- [Medical Responses to Terrorism](#)
- [Faculty Research Interests Project](#)

## Position Openings

- [Health Sciences Library & Bioinformatics Traineeship](#)